HONG KONG ACADEMY OF MEDICINE
香港醫學專科學院

有心機

Zen Organic Farm Visit

(This event is organized by Academy's Wellness and Social Subcommittee)

Enjoy a refreshing day at Zen Organic Farm, an expansive 250,000sq.ft. farm in Ta Kwu Ling (打鼓嶺). Explore the organic farmland, learn about sustainable farming and discover how fresh produce is grown from field to table. Join a guided farm tour and experience seasonal vegetables, herbs and fruits, enjoy a hands-on harvesting experience and make delicious wood-fired pizza. Let's reconnect with nature, relax in the countryside and create wonderful memories with family, friends or colleagues.

Event details:

Date:
17 October 2026 (Saturday)

Time:
10:30am - 3:00pm

Venue:
Ping Che, Ta Kwu Ling, New Territories

Target participants:
Academy Fellows and Specialist Trainees
(up to 5 guests per participant)

Registration fee:
Children aged 12 and above / Adults: $200 per person
Children under 12: $100 per person
Infants under 2: Free of charge

- *Farm tour*
- *Hands-on harvesting experience*
- *Fresh produce tasting*
- *Wood fire pizza baking*
- *Salad making*

Register Now!

https://online.hkam.org.hk/form/connect20261006

Deadline:
5 October 2026

Enquiry:
connect@hkam.org.hk